

Los Angeles Daily Times---Supplement.

LOS ANGELES, CALIFORNIA, TUESDAY MORNING, JUNE 12, 1883.

Out Door Life in California.

The following comments upon out door life in California, its enjoyments and benefits, are condensed from an article by Dr. Dio Lewis in the Herald of Health:

The climate of California differs greatly from that of the Atlantic States in the same latitude. In San Francisco there are but eight degrees difference between the mean temperatures of summer and winter. The ground is never stiffened by cold, and ice never forms thicker than window glass. During our winter in San Francisco there was not a day but we could pick fragrant roses from the bushes in our front yard.

From the latter part of April no rain falls for six months; during the other six months there is more or less rain, though sometimes in the middle of winter, when rain is expected, and most needed, not a drop will fall in two months. During the two winters we remained in Oakland there was not rain one day in ten; but most of the time we had beautiful sunny weather. The nights in California are strangely cool. The thermometer may be 100 degrees at noon, and at night, if sleeping out, you will need thick blankets. Snow is very rare on the coast and in the valleys, but upon the mountains it often falls to the depth of sixty to eighty feet.

No country in the world has such cool summers and warm winters. When the wind blows from the ocean it never rains; when from the land it is showery and resembles May day on the Atlantic coast. At London and Amsterdam there are about sixty unclouded days in the year; at New York, one hundred; at Los Angeles two hundred and forty.

During the summer the atmosphere, away from the immediate coast, is so exceedingly dry that meat hung up in a sack on the limb of a tree, dries without taint. One often sees by the roadside the carcass of a sheep or cow dried like a mummy, without any rent in the hide. I left a pocket knife lying on the ground; two months later I returned and found it in the same place, as bright as when I left it.

The weather bureau in Washington may devote the entire month of June to getting up the weather for the 4th of July, and the chances are two in three they will miss it. But in California a child six years old, with both hands tied behind him, can tell you the weather for the Fourth ten years ahead. This goes far to confirm the opinion prevalent on the coast, among parents, that their children are the smartest in the world.

The climate of California is a great surprise to the new-comer. He, perhaps, is from New England, and has always been accustomed to sudden and sharp changes. He is now in one of the interior valleys of California. It is April. For 150 days the sun rises clear every morning and sets clear every evening. Every day is filled with brilliant sunshine. Every night the heavens glow with stars. Not a drop of rain, no dew. The 150 days are all alike. The 150 nights are all alike. The New Englander makes an appointment with a friend to go fishing the 4th of July, and forgetting where he is, adds, "if it don't rain." But he soon learns better than to indulge in that sort of if. He can prognosticate weather for the 4th of July with absolute certainty.

In reply to any disparagements which may be made on the climate of the Pacific coast, you will say:

"My friend was in consumption. He was emaciated and coughed day and night. The doctors gave him up. He went to California and in six months was fat and hearty. What do you think of that?"

I do not doubt it. Thousands could tell the same story and tell the truth. Let me relate a very wonderful case of restoration in California. It is true and only one of thousands that might be cited. A little girl was desperately sick with bowel disease. The malady had gone on until the sufferer was but a shadow. The mother was at length told that she must try out-door air in the foothills. So,

leaving her beautiful home in a California village, she took her dying child, borne gently upon a stretcher, out into the foothills. She was warned that a tent might spoil all. There must be no roof over them. They had been out there two weeks when we came upon them, and we shall never forget the joyful tears and ejaculations of that happy mother.

"Why! we had not been out here twenty-four hours before my darling smiled and begged for something to eat. She has improved so rapidly that I can't believe my eyes. I really think she is gaining half a pound a day."

This patient was not from New England, but from one of the most beautiful and healthful villages of California. Thousands of sick persons resident in the State have been cured by camping out. This is well understood there. You will frequently hear farmers wives and daughters say, after complaining of their ill-health:

"Oh! I shall be all right as soon as I can camp out for a few weeks."

I could fill a volume with the recital of cases which came under my observation, or which were enthusiastically related to me, of sick persons residing in California who were cured by camping out. Indeed the most remarkable cases that I have met with were of persons who resided in the State, and not of persons recently from the East. All of which means that house air is bad and out-of-door air good. About this there can be no doubt, and it is well to intimate, just here, that all persons who have not the courage to dress properly and go out freely and constantly in this climate, will do well to go where it is so warm that they cannot live indoors, and so are compelled to live out. It is these indolent, timid people who get the most good from Florida or Southern California. They will not live out in the sunshine and air, here or anywhere, unless the heat compels them to leave the house.

The number of exhausted brain workers is very large. They rest a little, resume work, eat again, work again, and soon break down and disappear. Many of them know that they need a long and complete rest, but business and the great expense of hotel life renders protracted rest unmanageable. The testimony of those who have camped out and slept in the open air, is that this sort of life builds up rapidly and radically. Three months of camping out and sleeping in the open air will do more for the restoration of exhausted brain workers than six months of the usual seaside or mountain hotel life, while the expense of camping is merely nominal.

Fatal Result of a Thoughtless Joke.

PORTLAND, June 7th.—A strange story comes from Tacoma, W. T., this evening. It is as follows: There arrived by the steamship Oregon from San Francisco last Tuesday evening, direct from Germany, Hulda Spinhorn an intelligent German girl, aged 22 years. She went immediately to Tacoma, where she expected to meet and be married to her betrothed, Heinrich Kuchner. Kuchner was an industrious farmer, living a few miles from Tacoma, and committed suicide May 14th, on account of a mistaken idea that his betrothed had rejected him. Mr. Zimrom, Administrator of Kuchner's estate, awaited Miss Spinhorn at the depot, and the sad news of her lover's death was broken to her as gently as possible. The girl then said, "that just before leaving home, late in April, she asked her brother, she being busy to write to Kuchner, announcing the day of her departure. The letter was found upon Kuchner's body, after his death, and instead of making the direct announcement that his sister would come, the brother in thoughtless peasantry wrote: 'What if she has concluded not to come and to renounce those feelings once so sincerely entertained.'" Kuchner, naturally jealous, brooded over his supposed disappointment three or four days and then blew his brains out with a shotgun.

A MOUTH FULL OF GEMS.

An Ingenious Method of Stealing Diamonds Under the Eyes of Clerks.

"Diamond dealers have a very hard time of it to keep up with the schemes constantly involved by sharpers to rob them," exclaimed a lieutenant of police to a reporter yesterday, in the course of a general conversation bearing principally on the subject of diamond thievery.

"Is there anything later than the coloring of cheap gems, which was exposed some time ago?"

"Yes, there is a new scheme, called 'the tongue racket.' It is, in my judgment, one of the finest ever conceived."

"How is it worked?"

"By two thieves—a man and woman, who usually assume the role of husband and wife. The pair drive up in a carriage before the jewelry shop they have selected, and alighting, enter the door. The man always appears very aged and infirm and leans heavily on the woman's arm for support. A pair of crutches even heighten the effect. He is too weak to stand. His arms are evidently paralyzed and hang limp by his side. The clerk holds the tray very close to the man's eyes, because his eyesight is so poor. Having no use of his arms and hands, the clerk even takes up a gem that he can truthfully commend and shows it to the prospective purchaser. The tray is set before the old man, but the clerk's eyes are riveted upon the gems, of course. Several paper packages of the brilliant are opened. Clearly the old man is selecting a memorial present. Ultimately several packages are spread out on the tray. Perhaps a hundred or more diamonds. The near sightedness of the poor man increases. He leans even further over and, with his face close to the gems, gazes fixedly at them. Just at this juncture the woman, with an ecstatic exclamation, points to some prominent article in an adjacent case on the wall behind the clerk. Instinctively the eye of the salesman follows the direction indicated. One instant is enough. The thief's tongue meanwhile has been thrust into one of the open parcels of diamonds, and as quickly withdrawn into his mouth with three or four of the gems adhering to it. The theft can only be detected by weighing the parcel or counting the gems. This is rarely resorted to, as no suspicion is excited. The next move on the part of the thieves is to select a couple of gems and order them set, or to order them sent, C. O. D., to any address in a respectable locality that occurs to their minds. They enter their carriage and drive away."

"Has this game been worked here?"

"Several robberies of the kind have taken place in Philadelphia recently, but they have been kept very quiet by the merchants. In one instance a trusted clerk was very unjustly suspected until I looked into the matter."

The Circuit Rider's Second Marriage.

Kansas City Times.

The old adage that "truth is stranger than fiction" is fully exemplified in the marriage on last Wednesday of Rev. William Saulsbury of the "junction" to Miss Angelica Smithers of Bartholomew county, Indiana. About six months ago, Mrs. Saulsbury died and a notice of her death appeared in one of the St. Louis papers. In about two weeks Father Saulsbury received a letter from Miss Smithers, offering consolation to him in his bereavement, and, woman like, added a postscript that twenty-five years ago she had heard Mr. Saulsbury preach a sermon, while he was a circuit rider in Indiana—and at that time she had fallen violently and hopelessly in love with him, and had never married because she could not do so conscientiously—loving another man. Several letters passed between the parties, and the engagement was formed which ended in Miss Smithers coming West and marrying the object of her affection. Mr. Saulsbury is over sixty years of age, and his bride looks to be in the forties. They will spend their honeymoon on their farm.

Don't Plant's Epitaph on his Wife.

This beautiful epitaph is in Spring Grove at Cincinnati, on the monument of Louise Kirby Platt:

To thy dear memory, darling, and my own.

I build in grief this monumental stone. All that it tells of life in death is thine. All that it tells of death in life is mine. For that which made thy purer spirit mine.

In anguish deep has brought me greatest grief. You, dying, live to find the life divine; I, living, die till death shall make me thine.

Poultry.

From a paper by P. H. Jacobs in 'the American Agriculturist' we quote the following hints:

An acre can produce \$600 in poultry, and the capital required returned by the poultry in a short time with profit. With a systematic method of cleaning and feeding, more profit with less labor can be derived from poultry on one acre of land than from the best regulated dairy under the soiling method. An acre, devoted exclusively to poultry, will return a greater profit, with less cost in labor, than ten acres of wheat or any cereal crop. The poorest and lightest of sandy soils are more suitable for poultry than the best pastures, as they are freer from disease. That yards free from grass, and clean to every corner, are better than grass runs, has been demonstrated; but shade of some kind should be supplied. No poultry-house can be kept absolutely clean without a board floor. In setting hens the nests should be in warm, dry locations in cold weather, and in cool, moist places in summer. In selecting for breeding purposes plumage and points of markings should give way to robust constitution, vigor and activity. Feeding steeped clover hay and linseed meal assist in the formation of the white of eggs, by supplying nitrogenous matter. The houses should be freely ventilated in summer, and warm in winter. All soft food should be freshly mixed. Yellow-legged fowls sell better than those with dark legs. All non-sitters lay pure white eggs. No male should run with over twelve hens—a less number is better. Eggs from two-year old hens are preferable for setting purposes. Exercise should be furnished by throwing a small quantity of corn into a bundle of loose straw or hay, for fowls to scratch. Keep a good dust-bath always. Spade up the ground as often as possible. When a rain is threatened, see to the young chicks. Early-hatched pullets are the winter layers. Keep no fowls for beauty, if profit is the object. Use pure-bred males always. Large males bred on small hens produce legginess in chicks, but small males on large hens produce closer bodies and shorter legs. Never use a male with his own offspring. It is a saving of time to let a hen sit, in preference to breaking her, as hens lay but few eggs when deprived of sitting, and go at it in a week or two. Breed your own fowls, and never bring them to your yards from other places. Hens lay well when not in company with males as when with them, and such eggs keep fresh longer. Young chicks, when feathering, undergo severe natural drain on the system, therefore never omit a meal. Use only the freshest eggs under sitting hens. Hot whitewash, containing carbolic acid, liberally applied, will kill or keep off vermin. The rough scales on fowls' legs are easily removed by a mixture of lard and sulphur, or coal-oil. Finally, be as attentive to fowls as to horses, cattle, hogs or sheep, and be in your yard from morning until night.

She was Faithful.

Mr. Chitwood wanted a cook. A colored woman named Becky Stone, called on her.

"I see a fast class washer an' iner, but I don't like to wuk at dat now, Ise mo' parshul to cookin'."

"Well its a cook I want. I presume you can give references or bring testimonials to show that you are faithful and not inclined to change about as most cooks do?"

"Yes'm, Ise faithful fur a fac." Ise had de same culled gemman vistin' me for mo'n six monfs, an Ise no 'spectation of changin' at leas' 'not till cotton pickin' time. Ise neber been 'cused ob not bein' faithful, and Ise been married lots ob times."

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AGRICULTURAL NOTES.

When horses eat their oats too rapidly the evil may be checked by placing some clean cobble stones in the box. The horse will then be compelled to pick his oats slowly, masticate them more thoroughly, and they will do him much more good than if hurriedly eaten in the ordinary way.

Many mistakes have been made in supposing that the principal hindrance to egg production is the effect of cold. The trouble is usually due to dampness. Fowls do not suffer as much during the time of extreme cold in winter as they do in the latter part of the fall or early part of the spring.

Never put hens into an old house without giving it a thorough cleaning and whitewashing, and above all furnish it with clean, new nests. Never put a hen while sitting, if you wish the eggs to hatch. Do not buy a hen and expect her to make herself at home and continue sitting as though no change had been made.

The roofs of barns should be steep, and, if of wood, the surface either painted or dipped in lime water to make them more durable. Straw and dirt collect under flat roofed shingles and cause rapid decay.

Prof. Arnold admits that brewers grains will stimulate a large flow of milk, but says there is no butter in them.

Peppermint is a profitable farm crop in Michigan, where about two-fifths of the country's crop is produced.

A successful orchardist says that if he had his life to live over again he would trim his trees higher and pasture his orchard with sheep, in place of plowing or mulching.

Mucilage is a very handy thing to have in the house. But if the bottle is empty and the stamp or envelope does not stick, probably not one in a hundred knows that honey is a good substitute.

It is best to mulch strawberries before they begin to grow. Coarse straw is a good thing if free from weed seeds, and is all the better if from the barnyard, and saturated with manure water.

The parsnip is one of the best of all roots for the milch cow. Barley should never be fed to chickens unless the hulls and chards are first removed.

Do not cut trees for timber when the sap is active, nor prune grape vines and fruit trees on light and warm soils.

Good potatoes can be raised on straw or meadow land by putting in a little phosphate in each hill, the straw to be put in a deep furrow.

W. D. Philbrick believes that in general it does more harm than good to soak seeds previous to sowing them, and, if done at all, a good deal of judgment must be used to prevent mischief.

FENCE POSTS THAT WILL LAST.

A writer in an exchange says: "I discovered many years ago that wood could be made to last longer than iron in ground, but thought the process so simple that it was not well to make a stir about it. I would as soon have a poplar, basswood or ash as any other kind of timber for fence posts. I have taken out basswood posts after having been set seven years that were as sound when taken out as when they were put in the ground. Time and weather seemed to have no effect upon them. The posts can be prepared for less than two cents apiece. This is the recipe: Take boiled linseed oil and stir in pulverized coal to the consistency of paint. Put a coat of this over the timber, and there is not a man that will live to see it rot."

Pot of Roast Beef.

Slice quarter of a pound of salt pork and lay it on the bottom of a dinner-pot; peel and slice a medium-sized onion and lay it over the pork; then put into the pot a rather square, solid piece of the round of beef, weighing about six pounds; season it with a tablespoonful of salt and a salt-spoonful of pepper; add sufficient hot water to reach one fourth up the side of the meat; cover the pot and set it where the meat will cook slowly; about half an hour to each pound of meat is generally the time required for cooking. Turn the meat occasionally, and cook it very slowly until it is brown and tender; take care to keep only sufficient water in the pot to prevent burning. When the meat is done, keep it hot in the oven, while a table-spoonful of flour is boiled for two minutes in the gravy; then serve the gravy and pork on the dish with the pot roast.

Nerves, brain and muscles gain strength and the power of endurance by using Brown's Iron Bitters.

HEMLOCK TIMBER.—The timber of the hemlock tree is rejected by builders, and yet it might have its important uses. "The stone which the builders rejected, the same became the head of the corner," seems to apply to hemlock for granaries. It is claimed for it that it will keep rats out, as they will not gnaw it in consequence of the sharp silvers penetrating their jaws, and they lose all relish for the grain beyond. This hint should be taken advantage of.

The Daughters of Farmers.

Hazel Wythe in Woman of Work.

May not the daughters of farmers be both beautiful and accomplished? Some of them are; for beauty is better than mere comely looks, and home accomplishments, likewise, excel those of more ornamental than useful kind. I think the farmer's daughters, may, however, safely crave and strive for the ornamental and mental. None of us must run in advance of our station, so far as to despise it. But we were all created with desires and faculties capable of much development. It must be right to allow the development and aid it diligently. I have known of young women whose homes always have been upon farms, and still they have given attention to culture and mental growth, while not by any means neglecting the substantial occupations of the household.

One young woman, upon whom devolves much of the responsibility of the farm family, has found, and is meanwhile pursuing, as best she can, her personal vocation. To her, brothers and sisters look for sympathy and assistance, yet she finds some hours, now and then, for her beloved art, and not few are the excellent pictures testifying to her persistence in study and work combined, as well as to her patience. In fact, besides the happiness she experienced in using well her God-given talent, she is now reaping the benefit pecuniarily, which she has doubtless, reason to value.

Fresh and Stale Bread.

A celebrated French chemist, M. Bousingault, has recently been investigating the nature of the change that takes place when bread becomes stale, something which has hitherto not been understood. In the course of his experiments, a loaf twelve inches in diameter, and six inches thick was taken from an oven heated to 240 deg. Reaumur, and a thermometer forced into it three inches. The thermometer indicated 78 deg. F. (207.5 deg. F.). The loaf was then taken into a room, the temperature of which was 15 deg. R. (66 deg. F.), and found to weigh seven and a half pounds! In twelve hours the temperature of the loaf sunk to 19 deg. R. (73 deg. F.), and in 24 hours to 15 deg. (66), and in 36 hours to 14 deg. (63.5). In the first 48 hours it lost, only two ounces in weight. After six days the loaf was again put in the oven, and when the thermometer indicated that its temperature had risen to 55 deg. R. (156 deg. F.), it was cut open and found to be fresh, and to possess the same qualities as if it had been taken out of the oven for the first time; but it had lost twelve ounces in weight. Experiments were made with slices of bread with the same results, proving conclusively that new bread differs from old, not by containing a larger proportion of water, but by a peculiar molecular condition. This commences, and continues to change during cooling, but by again heating the bread to a certain temperature, it is again restored to its original state. It is the mechanical state which makes new bread less digestible than old.

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WISE AND OTHERWISE.

Greatness.—If you want to find out how great a man is, let him tell it himself.

A New Jersey man has patented a stove that explodes at ten o'clock at night. He has four daughters.

"Why do dogs have fleas?" Dear boy, that's just what the dogs are anxious to know.

An exchange wants to know: What are our young men coming to? Coming to see our girls, of course.

The Popular Science Monthly asks: "What are crowds?" The science of love says the third party is a large crowd.

The paragraphs tell of a countryman who, on seeing the yacht Psyche, exclaimed: "P-s-y-c-h-e! Gosh! What a way to spell fish!"

"The truth always pays in the end," is a time honored adage. It is supposed that that is the reason people are often so chary about resorting to it in the beginning.

Saw a sign in a barbers' window the other day. "Boots blacked inside." Couldn't for the life of us think why anybody wants the inside of his boots blackened.

Mrs. Smith told her new husband that she would like a likeness of herself to hang on the wall, that she could take pleasure in looking at. He bought her a large mirror.

Is it true that kissing is a cure for freckles? — [Edith. We should not think so, but at the same time, a simple little recipe like that is worth trying. Call after business hours.

"Your husband is a staid man now, is he not?" asked a former school mate of her friend, who had married a man rather noted for his fast habits. "I think so," was the reply, "he stayed out all last night."

A small boy of four summers was riding on a hobby horse with a companion. He was seated rather uncomfortably on the horse's neck. After a reflective pause he said, "I think if one of us gets off I could ride better."

"First gentleman: 'Oh, I'm all right now; I've cleared off all my debts.' Second gentleman: 'How did you manage that?' 'Easiest thing in the world; borrowed a hundred and paid off everything.'"

"I met Miggles to-day," remarked Mrs. Chippick. He's quite a changed man. I scarcely knew him, he's so bright and lively. "Indeed," responded her husband gravely, "How very strange! I read in the paper that his wife sailed for Tasmania last week."

"How do you like the new school, Mickey, me son?" "Purty well; but mother, that makes the boys at school think I'm Oirish?" "It's meself doesn't know, but I've been often suspected av bein Oirish, meself whin a divil a hint av it they iver had from me."

THE SILVER PLATE OF WASHINGTON'S COFFIN.—Some days ago an old trunk containing the silver plate that was on the first coffin in which General Washington was buried, and some of the General's clothes were found in a junk store. Its recovery has revived the story of the robbery of the General's grave, current fifty years ago, but of which the record of the proceedings of Congress at that time contains no mention, though a phenological book published in Paris, contains a chart said to have been made from the General's skull which had been carried there, and which the French Government had sent back to this country, and which was put, with the rest of the remains, in the new vault.

Following is the report of the number of deaths due to accidents and injuries during the year 1880:

Burns and scalds.....	4,786
Drowned.....	4,320
Exposure and neglect.....	1,298
Gunshot wounds.....	2,289
Homicide.....	1,336
Infanticide.....	40
Injuries by machinery.....	120
Railroad accidents.....	2,349
Suffocation.....	2,339
Suicide by shooting.....	472
Suicide by drowning.....	153
Suicide by poison.....	340
Other suicides.....	1,550
Struck by.....	557
Other accidents and injuries.....	13,980

The Rev. C. H. Parkhurst, D. D., thinks that the club, as ordinarily constituted, is a device of the devil for undermining the stability of the home, chilling the temperature and breaking its power.

HUMORS OF THE TIME.

A housekeeper asks: "What is the simplest way to keep jelly from moulding on the top? Shut a small-boy up in the pantry for a few minutes."

Dar is many a rule what won't work both ways. Whiskey will produce a headache, but a headache won't produce whiskey.—[Arkansaw Traveller.

A tin pan carelessly hung on a bedroom door is said to be the best burglar alarm yet invented with the single exception of a cocky baby.—[Philadelphia News.

Little eight-year-old Gracie on coming home from school was asked by a caller if she intended to be a schoolma'am when she got old enough. She quickly responded: "No, sir; I am going to be nothing but a mother to my children."

"A soft answer"—Stout lady passenger wincing, [he had trod on her best corn: "Phew!—clumsy must." Polite old Gent: "Very sorry, my dear Madam, but if you had a foot large enough to be seen such an accident couldn't occur."—[Punch.

Elderly philanthropist to small boy who is vainly endeavoring to pull a door-bell above his reach: "Let me help you, my little man." [Pulls the bell: Small boy: "Now you had better run, or we will both get a licking."—[Fliegende Blätter.

It may be a big source of consolation, when a po'man sets down an an' says: "It's all right for de rich man can't get ter heaben;" but give the po'man a chance, an' see how quick he'd stan' in the rich man's shoes."—[Arkansaw Traveller.

Mrs. Jones: "Oh, I've left out the Browns! Must we invite them?" Jones: "Hang it all it's a beastly bore, but I suppose we must." Mrs. Brown: "An invitation from the Joneses, love, must we accept it?" Brown: "confound it! It's a ghastly nuisance, but I suppose we must."

OF WOMEN.

Mighty is the force of motherhood. It transfers all things by its vital heat; it turns timidity into fierce courage and dreadless defiance into tremulous submission; it turns thoughtlessness into foresight, and yet still all anxiety into calm content; it makes selfishness become self-denial, and gives even to hard vanity the glance of admiring love.—George Eliot.

A mind might ponder its thoughts for ages, and not gain so much self-knowledge as the passion of love shall teach it in a day.—Emerson.

Learned women are ridiculed because they put to shame unlearned men.—George Sand.

Oh, if the loving, closed heart of a good woman should open before a man, how many controlled tenderness, how many veiled sacrifices and dumb virtues, would be seen reposing there!—Richter.

Take the whole sex together, and you find those who have the strongest possessions of men's hearts are not eminent for their beauty. It often happens that those who engaged men to the greatest violence are such as those who are strangers to them would take to be remarkably defective for that end.—Hughes.

God sends us children for another purpose than merely to keep up the race; to enlarge our hearts; to make us unselfish, and full of kindly sympathies and affection; to give our souls higher aims, and to call our faculties to extend enterprise and exertion; to bring round our fireside bright faces and happy smiles, and loving tender hearts.—Mary Howitt.

Women endowed with remarkable sensibility enjoy much, but they also suffer much. The greater the light the stronger will be the shadow.—Ann Cora Mowatt.

Luminous Paint in Railway Carriages.

Luminous paint appears to be steadily working its way into practical use. A railway carriage painted inside with the phosphorescent paint, is included in one of the trains between London and Rotherhithe via the Thames tunnel. Although only one-half of the available space of the carriage is painted, the phosphorescent light is quite sufficient to enable the passengers to distinguish small objects when passing through the tunnel; and, moreover, the light is powerful enough to enable the indication of an ordinary watch. It is probable that the railway companies will be enabled to effect a considerable saving of gas and oil by using the phosphorescent paint.

TEMPERANCE.

W. G. T. U.

"The Women of America vs. the Liquor Traffic."

NATIONAL WOMAN'S CHRISTIAN TEMPERANCE UNION.

President, Miss Frances E. Willard, Chicago, Illinois; Secretary, Mrs. Caroline B. Bull, East Hampton, Conn.; Treasurer, Miss Esther Fugh, Cincinnati, Ohio.

CALIFORNIA W. G. T. U. President, Mrs. E. A. Gray, Oakland, Cal.; Secretary, Mrs. M. E. Congdon, Mariposa, Cal.; Treasurer, Mrs. C. C. Chamberlain, Oakland, Cal.

LOS ANGELES W. G. T. U. President, Mrs. W. D. Gould; Secretary, Mrs. F. W. Dorsey; Financial Secretary, Miss M. M. Hathaway; Treasurer, Mrs. Milton Lindley.

Los Angeles Union meets every Friday in Good Templars' Hall at 2 o'clock P. M. All women interested in the work are cordially invited to attend.

At a meeting of the W. G. T. U., held at Good Templars' Hall, June 8th, Mrs. L. Barnard by request gave some account of the work in Washington, D. C., with which she has been connected for years. When the work began there was not a temperance lunch-room in the city. Giving their energies a practical turn, the ladies soon had in successful operation a temperance lunch-room which they used as a lever in the rest of the work. The grand victories gained by the earnest-hearted women of that city, who had as hard a field to till as was ever undertaken by mortals, ought to reassure us all that our work is not vain. Those who failed to hear Mrs. Barnard were greatly the losers.

At the meeting on Friday it was voted to ask for space in the columns of our city paper, "The Recreation," and also of the "Downey Signal," for the publication of temperance items.

Some effort will be made soon to put temperance literature in the way of the sailors who frequent our city port. Though little may be gained by any one of such means, yet the sum, total accomplished by all our efforts will not be small.

Indiana has made a curious admission. Its statutes prove that "Whoever, while in a state of intoxication, prescribes or administers any poison, drug, or medicine to another, which endangers the life of such other person, shall be fined not more than \$100 nor less than \$10, and imprisoned in the county jail not more than three months nor less than ten days."

Also: "Whoever nets or traps a quail at any time shall be fined not more than \$50, nor less than \$10 for such offense."

Ten dollars for a poisoned boy or trapped quail—The [Union Signal.

All honor to the local board of the State Normal School of Brockport, who after deliberating on the petition presented by the Woman's Christian Temperance Union, that scientific temperance might be introduced in the training department of the school, willingly complied.

The use of tobacco by the boys in our public schools has attained startling proportions. Mr. Wm. Stephens, the principal of a school in Philadelphia has called the attention of the Board of Education to the subject, in which he says that of the 50,000 pupils in the public schools of the city a large proportion use tobacco in various forms, and that the habit has increased to an alarming degree since the cigarette was introduced. Mr. Stephens has prepared and had printed a short statement of the physical and mental disorders produced in children by tobacco, and has pasted it on the inside of every text-book used in his school.

Chicago has 300 churches against 5,242 liquor saloons; 400 clergymen, evangelists and lay-readers, and 5,500 bartenders; only a half-dozen art galleries, and 350 variety theaters. Out of 1,000,000 buildings, 8,000 are used for immoral purposes; \$1,500,000 are spent for schools; \$15,000,000 for liquor; \$800,000 for police; perhaps \$1,000,000 for religious worship and charity. \$15,000,000 for that which debauches soul and body.

"So you has done leff de Smiths," remarked Jane Winkerson to Delia Frowns, both colored as they met on St. Joseph's Avenue.

"You bet I leffed 'em. Dey cotched me wid a dollar I found on de mantel-piece, and tuck it away from me; so I jes quit 'em."

"You fool niggah. I wouldn't have leff till I got my dollar back. White folks am so presumin' nowadays."

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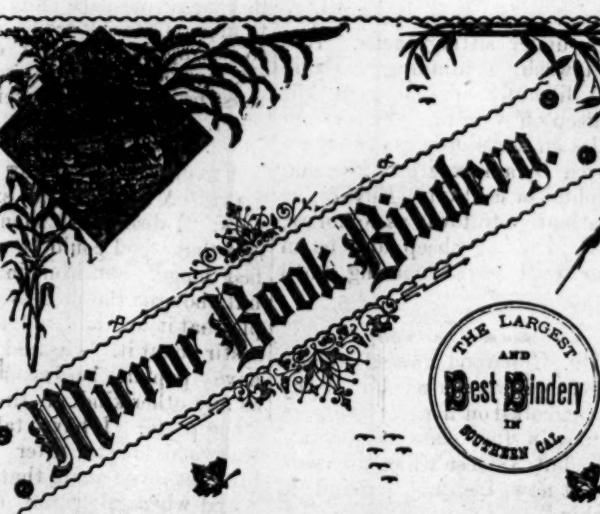
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